

## Semester-V

<b>Programme</b>	BSSW	<b>Course Code</b>	SGW-302	<b>Credit Hours</b>	3
<b>Course Title</b>	<b>Social Group Work</b>				
<b>Course Introduction</b>					
<p style="text-align: center;"><b>The course "Social Group Work" is designed to equip students with the essential knowledge, skills, and abilities to function effectively as group facilitators in the field of social work. This course explores the historical development of social work, its core values, ethics, and practice principles. Students will explore various methods of social work practice, the generalist base of social work, and the social service delivery networks that form the social welfare system, particularly in urban environments. Through this course, students will gain a comprehensive understanding of the role and significance of group work as a method of social work intervention.</b></p>					
<b>Learning Outcomes</b>					
<p>On the completion of the course, the students will:</p> <ol style="list-style-type: none"> <li>1. Develop an understanding of the unique characteristics and contributions of social group work.</li> <li>2. Identify and implement various stages of group development.</li> <li>3. Comprehend the functions of social group work and apply relevant theories.</li> <li>4. Execute and evaluate the group work process, including planning and implementing programs.</li> <li>5. Recognize the role and significance of social group work agencies in serving specific populations.</li> </ol>					
<b>Course Content</b>					<b>Assignments/Readings</b>
<b>Week 1</b>	<p style="text-align: center;"><b>Unit-I</b></p> <p style="text-align: center;">1.1 Introduction to Social Group Work</p> <p style="text-align: center;">    1.1.1 Definition and characteristics of social group work</p> <p style="text-align: center;">    1.1.2 Objectives and scope of group work</p>				
<b>Week 2</b>	<p style="text-align: center;"><b>Unit-II</b></p> <p style="text-align: center;">2.1 Importance and Relevance in Contemporary Social Work Practice</p> <p style="text-align: center;">    2.1.1 Importance</p> <p style="text-align: center;">    2.1.2 Relevance</p>				
<b>Week 3</b>	<p style="text-align: center;"><b>Unit-III</b></p> <p style="text-align: center;">3.1 Historical Development of Group Work (Part 1)</p> <p style="text-align: center;">    3.1.1 Evolution of group work as a method</p> <p style="text-align: center;">    3.1.2 Key milestones and influential figures</p>				
<b>Week 4</b>	<p style="text-align: center;"><b>Unit-IV</b></p> <p style="text-align: center;">4.1 Historical Development of Group Work (Part 2)</p> <p style="text-align: center;">    4.1.1 Current trends and future directions</p>				

<b>Week 5-7</b>	<p><b>Unit-V</b></p> <p>a. Types of Social Groups</p> <p>i. Group life in diverse cultural contexts</p> <p>ii. Family groups and dynamics</p> <p>iii. Religious and spiritual groups</p> <p>iv. School and community-based groups</p> <p>v. Virtual and online groups in the digital age</p>	
<b>Week 8</b>	<p><b>Unit-VI</b></p> <p>6.1 Group Formation and Development Stages (Part 1)</p> <p>6.1.1 Forming: Building foundations</p> <p>6.1.2 Storming: Navigating conflicts</p> <p>6.1.3 Norming: Establishing norms</p> <p>6.1.4 Performing: Achieving goals</p> <p>6.1.5 Adjourning: Closure and transition</p>	
<b>Week 9</b>	<b>Mid-Term Exam</b>	
<b>Week 10-11</b>	<p><b>Unit-VII</b></p> <p>7.1 Functions and Roles in Social Group Work</p> <p>7.1.1 Preventive functions: Early intervention and education</p> <p>7.1.2 Curative functions: Therapeutic and remedial approaches</p> <p>7.1.3 Rehabilitative functions: Support and reintegration</p> <p>7.1.4 Educational functions: Skill-building and empowerment</p>	
<b>Week 12-13</b>	<p><b>Unit-VIII</b></p> <p>8.1 Theoretical Framework and Social Learning Theories</p> <p>8.1.1 Behavioral learning theory and applications</p> <p>8.1.2 Cognitive learning theory and its impact</p> <p>8.1.3 Psychodynamic and systems theories in group work</p> <p>8.1.4 Strengths-based and empowerment theories</p>	
<b>Week 14-15</b>	<p><b>Unit-IX</b></p> <p>9.1 Group Work Process and Techniques</p> <p>9.1.1 Assessment and diagnosis in group settings</p> <p>9.1.2 Planning and implementing interventions</p> <p>9.1.3 Facilitation techniques and leadership skills</p>	

	9.1.4 Evaluation and outcome measurement	
<b>Week 16</b>	<b>Unit-X</b> 10.1 Principles and Best Practices in Social Work 10.1.1 Programme planning and development 10.1.2 Core elements and techniques of effective group work 10.1.3 Ethical considerations and professional standards 10.1.4 The role of the social worker as a facilitator	
<b>Week 17</b>	<b>Unit-XI</b> 11.1 Social Group Work Agency and Settings 11.1.1 Child welfare and protection agencies 11.1.2 Eldercare and gerontology services 11.1.3 Correctional facilities and rehabilitation centers 11.1.4 Medical, psychiatric, and mental health settings 11.1.5 Community-based organizations and NGOs 11.1.6 Online and digital platforms for group work	
<b>Week 18</b>	<b>Final Term Exam</b>	
<b>Textbooks and Reading Material</b>		
<ol style="list-style-type: none"> <li>1. Farley, O. W., Smith, L. L., &amp; Boyle, S. W. (2003). <i>Introduction to social work</i>. Boston, MA: Allyn and Bacon.</li> <li>2. Fehr, S. S. (2014). <i>Introduction to group therapy: A practical guide</i>. Routledge.</li> <li>3. Malekoff, A. (2014). <i>Group work with adolescents: Principles and practice</i>. Guilford Publications.</li> <li>4. Toseland, R. W., &amp; Rivas, R. F. (2009). <i>An introduction to group work practice</i>. Boston, MA: Pearson/Allyn and Bacon.</li> <li>5. Wilson, K. (2008). <i>Social work: An introduction to contemporary practice</i>. Pearson education.</li> </ol>		
<b>Teaching Learning Strategies</b>		
<ol style="list-style-type: none"> <li>1. Lectures</li> <li>2. Presentations</li> <li>3. Assignments</li> </ol>		
<b>Assignments: Types and Number with Calendar</b>		